



Mountain View High School - 2900 Parkway Drive, El Monte, CA 91732 - (626) 443-6181 Ext.5811

ATHLETIC CLEARANCE PACKET

MV Vikings: if you are planning to play a sport, join band, cheer, drill or color guard you will need to complete an Athletic Clearance Packet.

STEPS TO COMPLETE THE CLEARANCE PROCESS:

- Pick-up a clearance packet from the Activities Office.
- Complete all sections of the packet and be sure all highlighted areas are signed by the parent and student.
- Bring your medical card so we can make a copy.
- Turn in your packet to the Activities Office and receive a clearance slip you will turn into your coach.
- Your clearance packet will be good for the 2025-2026 school year.

THE ATHLETIC PACKET WILL INCLUDE THE FOLLOWING ITEMS:

- *Emergency Card Information*
- *Physical Form*
- *Code of Ethics*
- *CIF Concussion Information Sheet*
- *Sudden Cardiac Fact Sheet*
- *Prescription Opioids: What you need to know*
- *Parent/Student CIF Heat Illness Information Sheet*
- *MRSA Information*
- *Athletic Academic Eligibility*
- *Athletic Code of Conduct*
- *Attendance Requirements*
- *Earned Credit for Completion of Sport*
- *Practice and Games*
- *Spectator Policy and Guidelines*
- *Team Uniforms*
- *Termination of Participation by an Athlete*
- *Transportation and Trips*
- *Warning to Athletes and Parents*
- *Use of Illegal Substances*